

CROYDON u3a INTEREST GROUPS

Contact: Trisha Holmes 020 8777 4235 - trisha.holmes@croydonu3a.org.uk should you be interested in any of the groups. (December 2025)

<u>Group Title</u>	<u>Day of the Month</u>	<u>Start Time</u>	<u>Venue</u>
<u>Action Groups</u>			
Ballroom Dancing	1 & 4 Tuesdays	11.00–12.00	SMC
Chair Yoga	2 & 4 Mon & 1,2,3 Fri	10.00 am	Zoom
	1 & 3 Mondays	10.15 am	SMC
Dance Exercise	Mondays	9.45 am	St Matthew's Church
Darts & Pub Lunch 1	2 Tues FULL	12.00 midday	The Orchard Pub
Darts and Pub Lunch 2	4 Weds FULL	12.00 midday	The Orchard Pub
International Folk Dance	1 & 3 Wed	10.00 am	SMC
Line Dancing	1 & 3 Fri	10.30 am	SMC
Table Tennis	Every Friday	1.30-4.30pm	St Matthew's Church
Tai Chi 1	1 & 3 Mondays	12.45-1.45 pm	SMC
Tai Chi 2	1 & 3 Mondays	2.00 – 3.00pm	SMC
<u>Active outdoor Groups</u>			
Cycling	1 Weds & 3 Thurs	Varies	Varies
Historic Visits	4 Thurs FULL	Varies	Outings
Riverside & Canal Walks	3 Weds April – Oct FULL	Varies	Varies
Riverside & Canal Walks(2)	4 Weds April – Oct FULL	Varies	Varies
Riverside & Canal Walks(3)	3 Tues Jan - Nov	Varies	Varies
Riverside & Canal Walks(4)	3 Friday April – Oct FULL	Varies	Varies
Riverside & Canal Walks(5)	4 Friday April – Oct FULL	Varies	Varies
Short Walks	2 & 4 Thurs	10.30 am	Varies
<u>Arts & Crafts</u>			
Knit & Natter	2 & 4 Tues	11.00 am	Home – Waddon
Painting & Drawing 1	Every Mon FULL	10.15	St John's Selstedon
Painting & Drawing 2	Every Mon	10.15 am	SMC
<u>Cultural Activities</u>			
Architecture	3 Thur FULL	10.00 am	Various
A Taste of World Cuisines	1 Tues FULL	Lunch time	Various
Art Appreciation	4 Fri	2.00pm	SMC
China	3 Tues	10.00 am	Zoom
Croydon Memories	4 Fri	12.00 noon	The Boulevard
Focus on Africa	4 Tues	10.30 am	Central Library
Into Film	Varies FULL	Varies	David Lean cinema
Theatre Visits	Varies	Varies	Varies
Wine Admiration	1 or 2 Fri FULL	2.00pm	Home – Various
<u>Games of Skill</u>			
Board Games Fun	2 Fri	2.30pm	Ludoquist Café, Croydon
Mah Jong	Varies	Varies	t.b.a
Quiz Nights	3 Mon	7.30 pm	Zoom
Rubber Bridge	Every Tues	2.00pm	Mildred Crt, Addiscombe
Scrabble	3 Thurs	10.30 am	Home - Selhurst
<u>Gardening Groups</u>			
Love Gardening	1 Mon	10.30 am	Various
Wild Flowers	4 Monday (March to Sept)	10.30 am	Various

<u>Group Title</u>	<u>Day of the Month</u>	<u>Start Time</u>	<u>Venue</u>
<u>Languages</u>			
French Conversation (lower/Intermediate)	Every Mon	10.00am	PUR Church
French Conversation (Adv)	2 & 4 Tues	2.30pm	Zoom
German Friends	Mons	10.15	Zoom
Italian – Conversation	1 Fri FULL	10.00 am	Home – Purley
Russian – Intermediate	1 & 3 Wed	10.00am	Home – Croydon
Spanish Conversation (lower/Intermediate)	Every Mon	11.00am	PUR
<u>Literature</u>			
Book Club	3 Wed	2.00pm	Home
Books Made into Films	3 Thurs members welcome	11.00 am	M&S Cafe, Croydon
Play Reading Croydon	1 & 3 Mon	1.30pm	Home
Play Reading Selsdon	1 Mon	2.00pm	Home various
Poetry for Pleasure	2 Tues	2.00pm	Home Addiscombe
Share a Good Read	2 Mon FULL	2.30 pm	St Johns, Selsdon
Writing for Pleasure Group	1 Wed	2.00 – 4.00 pm	SMC
	3 Wed	7.00pm	Zoom
<u>Maths, Science & IT</u>			
Science & Technology	2 Tues	8.00pm	Zoom
<u>Music</u>			
Blues & Jazz Appreciation	Varies	Varies	Various
Guitar Improvers	2 & 4 Tue	10.30 am	SMC
Mandolin	By arrangement	By arrangement	Home, Addiscombe
Singalong	2 Monday	10.30 am	SMC
Singing for Pleasure	2 & 4 Wed	10.30 am	St Matthews Church
<u>Social Studies/History</u>			
17 th – 19 th Century History	1 Wed	2.30pm	Home – Central Croydon
Early Medieval History	1 Tues	2.30pm	Home – Central Croydon
Environment & Climate Crisis	3 Thurs	7.30pm	Zoom
History – Local	2 Fri FULL	2.00pm	Home – Wallington + visits
History – Local 2	3 Weds	2.00 pm	SMC
History of London 1	1 & 3 Tues FULL	10.00 am	PUR + Outings
History of London 2	2 & 4 Tues FULL	10.00am/2.00pm	StMC + Outings
History of London 3	1 & 3 Wed	2.00pm/10.00am	StMC + Outings
History of London 4	3 & 4 Wed	1.30 pm varies	PUR Ch + Outings
Looking at London	1 Mon	2.00pm	StMCh + Outings
Members on Their Own (MOTO)	Various	Various	Various
Tracing Your Ancestors	4 Wed	2.00pm	THL
Transport	3 Mon FULL	10.30 am	CC + outings

Abbreviations for Venues – The Boulevard, Selsdon Road: - **CC** – Christ Church Purley: - **Orchard Pub**, Cherry Orchard Road: - **PURCh** - Purley United Reform Church: - **St John the Baptist Church Hall**, Dale Rd, Purley CR8 2EF: - **SMC** – Shirley Methodist Church: - **StMC** - St Matthew's Church: - **THL** - Thornton Heath Library.