

## CROYDON u3a BULLETIN

September 2023

Charity number: 1029466

[www.u3asites.org.uk/croydon](http://www.u3asites.org.uk/croydon)

One of our Summer Activities was a guided tour of Southwark Cathedral. We were gathered in the Retro-Choir area of the cathedral which is the oldest part dating back to the 13<sup>th</sup> century. We would have been looking up at one of the stained glass windows tracing the building of the cathedral through the centuries! That particular stained glass window was installed to represent the Diamond Jubilee of HM Queen Elizabeth. It was designed by an Icelandic artist and is a modern window of vibrant colours and a modern design.



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Croydon u3a  
QR Code



Find us at Croydon u3a

**Bulletin stop press:** The next Bulletin will be out late October early November 2023. Copy to Linda Grigsby, Bulletin Secretary [lindagrigsby17@gmail.com](mailto:lindagrigsby17@gmail.com), cc Jenny Wilson [jennywilson63@live.co.uk](mailto:jennywilson63@live.co.uk) by 20 October.

**To join a Zoom event email [jennywilson63@live.co.uk](mailto:jennywilson63@live.co.uk) mob. 07808 723686**



## Jenny Wilson– CHAIR



### DATES FOR YOUR DIARY 2023

Dear Members of Croydon u3a,

Our u3a continues to thrive with an increasing membership, lots of activities and Interest Groups, lunches, outings, holidays and excellent speakers at the General Meetings. I recently received an email from someone wishing to join as she had heard such good things about us. Bring it on!

We continue to be at the forefront paving the way for other u3as, whether it be with how we recruit, run groups, get interested in and act over climate concerns, dedicate ourselves to being inclusive and celebrating the diversity our members bring to the organisation. Two weeks ago, I had an hour-long on-line conversation with Liz Thackray, the National Chair, about how the u3a movement as a whole is developing.

If you haven't got round to renewing your membership subscription yet, PLEASE do this as a matter of urgency. It should be unnecessary for Group Leaders to check that their members are all legit. It is important from an insurance perspective.

Saturday 16<sup>th</sup> September marks the start of Volunteers' Week, when u3as all over the UK will be celebrating and saying thanks to the thousands of members who make the organisation tick. We will be thanking our Group Leaders and the members who assist with Croydon u3a off-committee, by hosting a special lunch.

The October General Meeting will be our annual AGM. This year our new London Trustee, Stella Morris, will be joining us. The AGM pack will be sent out to you by email or post according to your membership status. Now the pandemic is over, voting has to be in person, according to our Constitution. If you can't attend but would like to register your support for the Committee, please drop me a line – always much appreciated.

Take care and very best wishes,

*Jenny Wilson (chair)*

| DATE                    | EVENT  | FURTHER DETAILS/SPEAKER                  |
|-------------------------|--|--|
| <b><u>2023</u></b>      |  |  |
| Wed 13 Sept at 2.15 pm  | <b>GM</b> at Masonic Hall 'Crowns & Coronation'                              | Nicholas Henderson                       |
| Mon 18 Sept             | Quiz Night – Zoom at 7.30 pm   |  |
| Sat 30 Sept pm (tbc)    | Publicity promotion at St Matthew's Church. Please come along and support us |  |
| 2 - 6 Oct               | Interest Groups Online Fair - Zoom   |  |
| Wed 11 Oct at 2.15pm    | <b>AGM</b> at Masonic Hall   | Stella Morris, London Region u3a Trustee |
| Mon 16 Oct              | Quiz Night – Zoom at 7.30 pm   |  |
| Wed 18 Oct              | Members' Lunch at the Boulevard, South Croydon                               | Booking details in this Bulletin         |
| Wed 18 Oct              | Third Age Trust AGM  | Milton Keynes                            |
| Thurs 19 Oct at 7.30 pm | Talk about Climate Changes affecting Africa – by <b>Zoom</b>                 |  |
| Wed 8 Nov at 2.15pm     | <b>GM</b> at Masonic Hall – Lord Mayor of the City of London                 | John Halligan                            |
| Thur 30 Nov             | Winchester Christmas Market  | Booking details in this Bulletin         |
| <b><u>2024</u></b>      |  |  |
| Wed 20 Mar              | Members' Lunch (venue tbc)   | Booking details in November Bulletin     |
| Wed 17 Apr              | Outing to Beth Chatto Gardens  | Booking details in this Bulletin         |
| 28/4-1/5                | Amsterdam Break  | Booking details in this Bulletin         |
| Thurs 20 June           | Outing to Whitstable Harbour & Castle  | Booking details in November Bulletin     |

**General Meetings: the formal part of the meeting starts at 2.15 pm. Please come earlier to enjoy tea, coffee, biscuits and a chat, or come for lunch. The Masonic Hall provides a special u3a menu at reasonable prices – order from the bar.**

**The address of the Masonic Hall is 73 Oakfield Road, Croydon CR0 2UX. Masonic Hall free car park is in Stanton Road.**

# THE ANNUAL GENERAL MEETING 2023

- When?** Wednesday 11<sup>th</sup> October, 2023 at 2.15pm
- Where?** The Masonic Hall, Oakfield Road, CR0 2UX
- Why?** It is a constitutional requirement of the Charity Commissioners as specified in our Constitution Section 13.
- What?** **You will receive an AGM pack – electronically or by post, containing** the Agenda, Minutes for last year's AGM, Chair's Report, Treasurer's Report and a Committee Nomination Form.
- How?** The formal business will seek to approve the reports and vote for members standing for election.

The Committee: The maximum size of Croydon's Committee is specified as 12 members.

- 3 current members are stepping down – David Apps, Roger Brimble & Jacqueline Harriott;
- 1 member is still within her term of office – Averil Coutinho;
- 1 member who was previously co-opted needs to be voted in - Trisha Holmes;
- 7 current members have agreed to continue to serve for a further term – Jenny Wilson, Joy Ellery, Paul Smith, Maggie Chan, Linda Grigsby, Cliff Brett & Peggy Green;
- 3 members have put themselves forwards – Steve May, Andy Beaumont, Sheree Yap-Davis.

All the members putting themselves forward for election are required to complete a Nomination Form which includes a proposer and seconder for their application.

Only fully paid -up members are eligible to vote at the AGM.

At the following Committee meeting a new Development Plan will be drafted to guide our direction and progress through the next year. If you have suggestions for this please share them with us by speaking to or emailing a Committee member.

**We will be hosting an on-line presentation by Sam Baker about how climate changes are affecting parts of Africa : 19 October at 7.30pm (zoom)**

Sam is a member of the Croydon Climate Action group and fronted the Trees4Croydon initiative and I am delighted he has agreed to talk to us. This is such a hugely important topic – spreading Sahara, droughts, floods, crop failures, migration of huge numbers of people, social justice.

Email Jenny Wilson to reserve a place – [jennywilson63@live.co.uk](mailto:jennywilson63@live.co.uk) the link will be sent out on 18 October..



**SAM BAKER**

Sam has had a career in business and is now dedicated to climate action initiatives, running [Walk2COP26](#) in 2021 and [Walk2COP27](#) in 2022. He is an adviser to Business Declares and a trained facilitator in the Climate Fresk. Sam's primary motivations are to make up for decades ignoring and being ignorant of the climate emergency, and his two grandchildren. Seek him out for chats about veganism, CrossFit and Tanzania

**Worth a Look**

**Nigerian Artist, Chinze Ojoto**, has her work exhibited at the Croydon Clocktower Café from 4<sup>th</sup> September until the end of the month. Pop along to see some of her amazing work while you enjoy a tea, coffee, lunch.

Chinze Ojoto is a UK-based African contemporary artist with over 70 international and local exhibitions, including, New York Expo and Bonham Art Auction among others. She is the Founder of KultureKode Arthub, who trained under EL ANATSUI, Her works are rich in symbolisms, expressive and intriguing. Chinze is an art activist devoted to issues of women and children rights. She believes in using visual arts to help drive greater gender equality and advocacy for Women and children. One of her exhibitions at the European School of Economics, London, “Glass ceiling shattered “ highlights the plight of the girl child. [Artist Chinze Ojoto - Kambani Arts](#)



Croydon ClocktowerCafe  
Katharine Street  
(in between Central Library and The Spread Eagle)

# New Groups

## Focus on Africa



- Why does Africa have 30% of the world's natural resources but has some of the highest poverty in the world?
- Why does the news we hear from Africa generally only talk about famines, corruption and lack of development?
- How does the wellbeing of the western nations still depend on Africa and African people?
- Why are some of the happiest people in the world living in some of the poorest countries?

In our group we'll be thinking about all these questions. You will be able to share your experiences and knowledge about Africa as a whole or specific countries and issues. We'll find out the best we can learn from different parts of Africa - food, cultural, music, spirituality, family life etc.

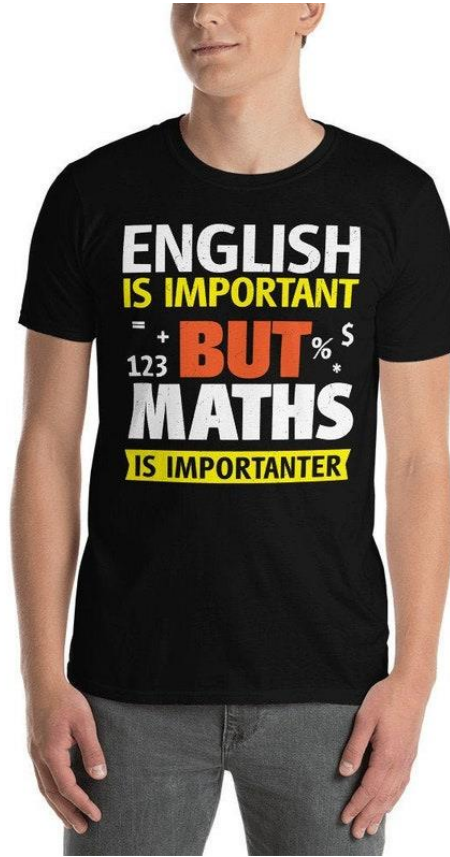
**As it is with all the u3a groups, everyone is welcome to join. Starting our new "Focus on Africa" Group, hopefully will help people have a good insight about Africa.**

**We will meet on the 4<sup>th</sup> Tuesday of the month at 11.00 am at the Clocktower Café, starting on Tuesday, September 26<sup>th</sup>.**

**For more details or to join, contact Grace Richardson 07771 005197 or [graceadjoa@yahoo.com](mailto:graceadjoa@yahoo.com)**

## New Groups

# SCARED OF MATHS?????



**Fractions / decimals / percentages / imperial into metric /  
areas and volumes / shapes and angles ... does the  
thought of dealing with them send you into a panic?**

**Do you find Maths a bit of a 'closed book' ...  
or even downright terrifying?**

**One of our members, who has lots of experience of teaching Maths to adults,  
has offered to run a short course in basic Maths.**

**If you would be interested in joining this course, please contact me:**

**Maggie Chan: [clockie68@gmail.com](mailto:clockie68@gmail.com) or 020 8655 4343**

## News From the Groups

### Garden Design Group

Garden Design is run fortnightly on Wednesday mornings from 10 – 12 and takes place at my home in Sanderstead, South Croydon. It is for people who have an interest in finding out how to make their garden (or a section of it) more attractive. I hope to start the next course (which will consist of 9 or 10 sessions) in the middle of September. Please contact me (details below) if you would like to join or want further information.



A land surveyor friend of mine employs CAD to make a plan of your property, using local maps. You will then be able to begin the course with a 'to-scale' outline of your house & garden and use it as a basis for revising the existing layout. A 'film show' each session will help you understand how good design works. The aim is to enable you to draw up a plan of how you want to change your garden. Don't worry if you're not an expert drawer – artist standard is not required. Subsequently, with the assistance of illustrations, you will be able to create a planting scheme for your re-designed garden.

If interested in joining a group, you would need the following – 1 x 2B pencil, 1 x H or HB pencil, an eraser, photo/s of your garden or the area/s you would like to change.

#### Cont'd.. Garden Design Group...

You will eventually need a disposable drawing pen which I will provide for approximately £3.00. There will be a small cost (about £15) at the end of the course for tracing paper, printing hand-outs & plans, tea/coffee.

**Betty Whateley** (A previous member of the Society of Garden Designers & co-author of 'Creative Connections', a book for students.), 48 Glossop Road, South Croydon CR2 0PU

Tel: 02086510226 Email: elizwhateley@gmail.com

### The Darts & Pub Lunch Group

#### Article by Cliff Brett and Jacqueline Harriott – DAPL group members:

Popped into the Wednesday Darts group meeting and had a smile on my face from beginning to end: what a lovely, welcoming, fun loving medley of players. Another two members joined the regulars to day one of whom said she had never thrown a dart before but managed to achieve a stunning three dart finish that



would have made the late Eric Bristow proud. Not surprisingly she won the player of the month trophy. In the final knockings Pamela 'Darted' past (sorry couldn't resist) the equally brilliant Pat (R) to win the trophy for the Best Improved Player of the month on another occasion. The only brief interruptions of play were when competitors were tucking into the tasty Pub Grub.

The next Darts group will get together on Tuesday the 12<sup>th</sup> September. My thanks to all the Wednesday Darts players (photos attached)



If you are interested in trying out the Darts and Pub Lunch group on a Tuesday then please contact The Group Facilitator via the Croydon u3a website.

## News From the Groups

### Garden Visits 2023

*This is an Open Group so any members welcome on a first come first served basis. All outings (except where noted) will meet at Forestdale Car Park for 10.45 am, for a 11.00 am get away, returning approximately 5.00 pm to Forestdale Car Park. Contact either [Linda Grigsby on 07754092042](#) OR [Karen Hook on 07799 776684](#) if you are interested. A donation of £2.50 would be appreciated for the driver of the car you will be travelling in.*

**20 Sept 2023**  
**(Wednesday)**

**Sheffield Park, Uckfield, East Sussex, TN22 3QX**  
Admission £15 (NT/GW 241 card); refreshments and shop available

#### Christmas Garden Visits

**Wed 6 Dec 2023**

**Haskins Garden Centre, W Park Rd, Crawley Down RH10 3HG i**

### Wildflower Group Programme 2023



| Date                     | Venue                          | Meeting point, 10am                                    |
|--------------------------|--------------------------------|--|
| Sept 12 <sup>th</sup>    | Riddlesdown                    | Car Park, off Riddlesdown Road, Purley                 |
| October 10 <sup>th</sup> | Fungus Foray, Spring Park Wood | Kent Gate Way, first car park, closest to Croydon end. |

**Shirley Shephard 020 8657 3144 / [sandrshephard@hotmail.com](mailto:sandrshephard@hotmail.com) for further details.**

Members of the **Italian group** playing a game of Scarabeo (= the Italian version of Scrabble) in Bernard's garden recently.





## News From the Groups

### Love and Found : The Art of Beginners Belly Dancing

It's fun to try something new and different now and then. The Beginners Belly Dancing class has been running for nearly 2 years. When you think of trying something new off the list of Croydon u3a Interest Groups, Belly Dancing is not an activity which most people think "I'd like to give that one a go". Those who have joined and attended regularly are developing into graceful and confident dancers. This style of dance requires the disciplined skill of isolation, balance and you get a wonderful workout, strengthening those core muscles and keeping the hips supple and legs strong.

Belly dancing crosses many cultural boundaries, started in the Middle East and Africa and moving on to evolve in western cultures. Our teacher has been dancing professionally for over 20 years; she is a u3a member too. She brings her expertise, supportive attention and creative process to each member irrespective of their ability. We shimmy a lot, improvise to the music, use undulating flowing movements and hip hits which make us laugh with glee as we move around and express our joy and passion together. We can now perform a simple



dance routine as well as build on more challenging hip drops and upper body movements. You rush in through the door bringing all the stresses of the day and by the end of the lesson you are gliding out, smiling and feeling relaxed until the next time.



We meet on the first Thursday of the month and welcome newcomers. Pop in and see what we are up to. We have an array of props that you can borrow. As you can see from the photos we wear traditional costumes consisting of a long flowing skirt or Harem pants, a hip belt and veils which helps us get into role and focus on the discipline and artistry of the dance itself.

Come and give it a go, you might just enjoy it.

**Jacqueline Harriott GL**

### London Explorers Group - can you help?

**London Explorers are looking for new members to lead at least one walk a year. Is this something you would like to do?**

The Group explores London's parks, villages and waterways and begins with a coffee stop at a cafe. Walks take place on the first Thursday of the month from April to November and vary in length but average about three miles. They are all within the Freedom Pass area and accessible by public transport. Examples of our walks are Kelsey Park (Beckenham), Crystal Palace Park, the Thames Path from Richmond to Syon Park, Morden Hall Park and the Wandle Trail, and Ewell and Nonsuch Park.



However, the current leader will be stepping down at the end of the year, so we need to find ways of keeping the Group going. We have an administrator who offers to lead five or six walks a year. However, we need more leaders for the rest of the walks. There is a collection of walk details on file, but leaders are free to do their own walk if they wish. There are always new places to explore!

If you feel you could help – please contact Carol Browne: [cafbrowne5@gmail.com](mailto:cafbrowne5@gmail.com) or 020 8680 1730

## News From the Groups

# BOARD GAMES FUN



**FANCY SOMETHING CHALLENGING...? LIKE BACKGAMMON, POKER, TRIVIAL PURSUITS, DOMINOES OR WORD PUZZLES?**

- ✚ Playing competitive games is a good way of breaking the ice and getting to know people
- ✚ Playing games promotes team spirit and a sense of belonging
- ✚ Playing games can release stress and tension and turn it into laughter and friendship
- ✚ Playing games can be a good insight in terms of knowing oneself
- ✚ Playing board games can be **FUN** whatever your age

**Every 2<sup>nd</sup> Friday 2.00-5.00 pm**

**At the Ludoquist Café, 63-67 High Street, Croydon  
(just a minutes walk from Croydon Clocktower Library)**

**Over 100 games to play, light refreshments and easy access, centrally located**

**ONLY £3 a session**

**Contact Chris: 020 8763 1823 or [wsm3003@gmail.com](mailto:wsm3003@gmail.com)**

## News From the Groups

### u3a Painting and Drawing 2: Our first anniversary.

A year ago I heard that Jan Thorne was starting a Croydon u3a art group at Shirley Church. I thought "Brilliant, I'll join that. In the year that followed I've been amazed by how much my painting and drawing has improved, just doing two hours a week, sitting in a room with like minded people.

There are no rules about what you do. Some of us paint from photographs in magazines. Jan is working her way through a book about painting in watercolour. Chris likes to work from objects, so all his pictures are still lifes. Last Christmas, Monica and Jan painted all their Christmas cards. If you wanted to start making sculptures out of egg boxes no one would mind. Anything goes as long as it's arty and you enjoy it.



The standard is beginners through to "Wow, that's lovely".

It's called a group, not a class, because we don't have a teacher. However, we do have Chris. He went to art school and was an art director so can offer lots of helpful advice, should you need it.

We meet at Shirley Methodist Church, 2 Eldon Ave, Croydon CR0 8SD every Monday, 10.15 to 12.15.

To find out more about 'u3a Painting & Drawing 2' email Jan at

[jilling@live.co.uk](mailto:jilling@live.co.uk) or phone her on 07806 623332.

On Monday 14<sup>th</sup> August, the **Into Film group** visited the Cinema Museum. The museum occupies



what was the Lambeth Workhouse, which opened in 1726. The most notable occupant of the workhouse was Charlie Chaplin who was sent there aged seven, as a consequence of family financial difficulties. It seems a fitting tribute for the Workhouse to be repurposed as a museum, in honour of its most famous resident.

The twohour visit provided us all with the opportunity to reminisce about our childhood cinema experiences: Saturday morning pictures, Kia-ora drinks, Lyons Maid ice-cream and films being on a continuous loop throughout the day. The visit began with an informative and interesting talk about the world of cinema, starting with the birth of

film in the late 19<sup>th</sup> century, through to silent feature films in the early 20<sup>th</sup> century and ending with the contemporary films we all know today. Following our talk, we had a short break with complimentary refreshments and an opportunity to look around the museum.

The final part of the tour was a series of short animated film clips from previous decades. The Cinema Museum is well worth a visit if you are interested in film or seeing parts of London that have since been forgotten. This was a super day out and a great way for the Into Film group to socialise.



Contact Sheree Yapp-Davis Group Leader Into Film [saydavis@hotmail.com](mailto:saydavis@hotmail.com) mob. 07800 654530

# News From the Groups

## Looking at London Group

You may wonder why the group called Looking at London was on a 3-hour tour of Brookwood Cemetery, near Woking.

By the mid 19<sup>th</sup> Century the volume of London dead was causing considerable public concern, the cholera epidemic alone having killed 15,000. In 1850 the idea of a great cemetery situated in the suburbs and large enough to contain all of London's dead forever, was promoted. The London Necropolis and National Mausoleum Company was formed. The London and SW Railway was engaged to convey coffins and mourners from a private station adjacent to Waterloo down into the cemetery at Brookwood and continued to provide railway funeral traffic until it was bombed in 1941. The cost of a 1<sup>st</sup> class single grave was £2.10 including rail journey and chapel service, with a 2<sup>nd</sup> class grave costing £1, while 3<sup>rd</sup> class paupers were paid for by the parish.



In 1854 Brookwood was the largest cemetery in the world, being 2,200 acres but today is only the largest in the UK. It includes a remarkable range of burials reflecting all levels of society including Charles Bradlaugh, the first atheist to sit in House of Commons, Dr Robert Knox one of Burke and Hares best customers, artist John Singer Sargeant, Evelyn de Morgan the artist whose gold use in paintings are on show in Leighton House and St Edward the Martyr.

The Cemetery has the first Muslim cemetery located in its grounds in response to a need for a burial ground to meet their needs including positioning bodies to face Mecca.

Looked at as a whole, the cemetery is remarkable for its overview of life in the capital in the 19<sup>th</sup> century, especially as many of the dead were placed not only by religion but also occupation and nationality for example, Chelsea pensioners, actors, railway men, Muslims, Zoroastrians and Parsees. In a separate military cemetery there are American, French, Polish, British and Canadian graves.

Brookwood is vast, almost rural and is quite unlike any of London's other cemeteries. It is a Grade 1 Historic Park and has several avenues of giant sequoia.

It is a beautiful peaceful place to visit.



**Fiona Bowles**

## News From the Groups

### Environment and Climate Crisis Group

#### Drinka Pinta ...?

Has it ever occurred to you that there is a political agenda surrounding the milk industry? Some of our preconceptions and misconceptions surrounding milk were changed when our Environment and Climate Crisis Group recently visited the Wellcome Collection exhibition “Milk”.

One of the first startling facts we came across was that approximately two thirds of the world’s population have some difficulty digesting milk. That’s because lactase, the enzyme we have which helps process the sugar in milk (lactose) declines after childhood. The ability to process lactose is most common in white European and North American people.

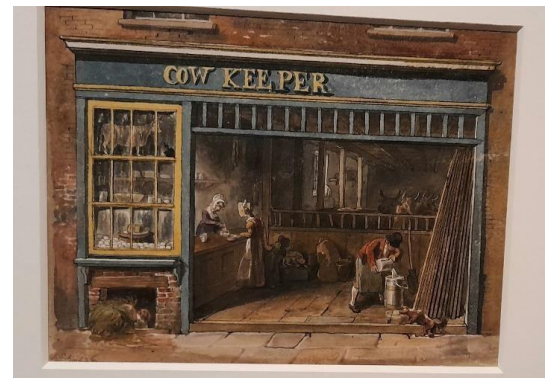


*Figure 1. Milk Bottles from around the World*

When and why, then, do we drink so much of it, and think it’s so good for us?

We found the explanations all very interesting, covering the history of the development of milk production and its marketing but also how colonialism, racism and ideas of genetic supremacy have become inextricably intertwined in the whole industry.

Regularly drinking fresh milk is a modern habit, popularised in the early 20<sup>th</sup> century. Demand had increased during the previous century, with most milk production in cities being from cows kept behind the shops where it was sold. (See Fig. 2 The Cowkeeper by George Scharf.) The milk was therefore often contaminated with dirt and diseases and was blamed for high infant mortality rates.



*Figure 2. The Cowkeeper, George Scharf, 1825.*

The dairy farming industry responded to the situation by reforming around principles of hygiene, and mechanisation enabled the centralisation of the industry and its takeover by larger corporations.

Increasingly the terms “clean” and “dirty” were used, and these became linked to social status, and an aspirational middle class lifestyle, with adverts exclusively featuring white families.

Cleaner milk brought health benefits, obviously, but the more scientific approach led to ideas that women needed scientific advice in order to feed their babies properly; ideas reinforced by adverts for newly available infant formulas. Feeding became measured and monitored, and adverts promoted infant formulas as perfect substitutes for breast milk. It was obviously in the interests of the companies who sold formula milk that more mothers used it. Some companies marketed it to third world countries, in particular Africa, which has caused considerable censure as many countries do not have living conditions hygienic enough for feeding babies in any way other than by breast.

The World Wars revealed widespread malnourishment in the population, and milk was hailed as “nature’s perfect food” because of its mix of protein, carbohydrates, vitamins and fat. It became embedded in British diets through welfare schemes such as school milk, and science was used to justify the export of dairy cattle and tinned milk throughout the British Empire.

## News From the Groups

Associations between dairy products and whiteness are still being used today by far-right political groups to assert racist ideas of white “strength”.

Recently, plant milks have begun to appear on the market and are gaining sales, particularly amongst vegans and people who are concerned at the damage that dairy farming does to the planet. You can find out more about the different plant milks on our Environment Group website, on the “Which Milk” page <https://u3acroydon.weebly.com/which-milk.html> Several of the group have tried pea milk and are now using it regularly.

**Margaret Derrick**

## Wales and its Treasures

This group is looking to recruit new members –and you don’t have to be Welsh or have Welsh ancestors! They meet at Shirley Methodist Church at 2pm on the 2<sup>nd</sup> Monday of each month. Here are the topics for the autumn sessions:

- SEPTEMBER 11th Dylan Thomas
- OCTOBER 9th Anglesey
- NOVEMBER 13<sup>th</sup> Eisteddfod
- DECEMBER 11th Welsh Christmas Customs



Please contact Molly to find out more or to join the group. Molly Davies 020 8660 1726  
[Mollyhd319@gmail.com](mailto:Mollyhd319@gmail.com)

## Croydon Stands Tall

Have you seen any of them? You can’t miss them as they are 8 foot tall. And they are all different.

Giraffes have come to Croydon. There is a trail of them all over the town. It’s a fun and free art trail with 30 uniquely designed giraffe sculptures. Local and regional artists have come together to transform Croydon town centre for 10 weeks to 27 October.

And there is also a baby herd of 30, 4 foot, giraffes designed and painted by Croydon children. A Trail map showing where all the giraffes are situated is available at many places in Croydon so you can discover all of them. More information can be found at [croydonstandstall.co.uk](http://croydonstandstall.co.uk) or put the app on your phone. Search - **Croydon Stands Tall**

The picture is of the Strictly Come Dancing Giraffe at Fairfield Halls.



## News From the Groups

### INTEREST GROUPS ONLINE FAIR : 2<sup>nd</sup> – 6<sup>th</sup> October

**IGO** (Interest Groups On Line) has a large number of groups where people from all over the UK can meet up on line (zoom). A u3a member can join IGO for a very small annual subscription and then have access to any of the groups with spaces.

The IGO fair will give free access to u3a members and non-members to join some learning events. It will take place from 2<sup>nd</sup> October till the 6<sup>th</sup> and details of how to book will be available soon. if you are interested book early as this is a national offer. Here is the link:

[https://www.u3a.org.uk/events/igo-online-fair?fbclid=IwAR0FWQ\\_gd5Oze5RAG5AO4grSF6CEgR7aBGarnWFRoeHvQuARoldzOSgdM4kaem\\_ATPhYwiKIOgtcN8gledAys5PGc6dZwt\\_xJe\\_xz4WAt\\_WYAysaQMm6eDN4KJtqQxdk8Q](https://www.u3a.org.uk/events/igo-online-fair?fbclid=IwAR0FWQ_gd5Oze5RAG5AO4grSF6CEgR7aBGarnWFRoeHvQuARoldzOSgdM4kaem_ATPhYwiKIOgtcN8gledAys5PGc6dZwt_xJe_xz4WAt_WYAysaQMm6eDN4KJtqQxdk8Q)

The programme =

#### **Monday 2<sup>nd</sup> October**

- ✚ Early Women Doctors 10am
- ✚ Folm Studies 11.30 am
- ✚ Nordic Noir 3pm

#### **Tuesday 3<sup>rd</sup> October**

- ✚ Exploring Classical Music 10am
- ✚ Writing Workshop 11.30am
- ✚ Concise Talks 3pm

#### **Wednesday 4<sup>th</sup> October**

- ✚ Laughter Yoga 10am
- ✚ Journeys into Space 11.30am
- ✚ Modern Pop for Third Agers 3.30pm

#### **Thursday 5<sup>th</sup> October**

- ✚ Science in the News 10am
- ✚ Railways 11.30am
- ✚ Quotations Quiz 3pm

#### **Friday 6<sup>th</sup> October**

- ✚ British Cemeteries 10am
- ✚ Climate Change 11.30am
- ✚ Intermediate Recorders 3pm

**Please DO NOT contact me to book a place** – click the link for booking details. Jenny

## A Medieval Gothic Modern Gem in Southwark

It's pretty normal to see a sky scape of church towers across the Thames and City of London. Southwark on the south side and its surrounding areas has always been through the centuries busy: lots of people coming and going, crossing London Bridge, going hither and thither to business, visiting raucous coach inns, Borough market with a bustling and thriving dock area nearby. Southwark Cathedral - (an Anglian Cathedral) has stood as a silent, peaceful place of worship, repose and holiness since 606AD.

During this year's **u3a Summer Activities week** a group of 22 members took the rainy conditions in hand and made their way to Southwark Cathedral for a guided tour. To get the most out of the visit we were divided into two groups. Isabel and Martyn our tour guides introduced us to its traditional history as well as adding their particular nuances.

The first incumbent of the church were nuns long before the Norman Conquest. In 1066 a couple of Norman knights and the Bishop of Winchester refounded it as a Priory church of St Mary Overie ("over the river"). A hospital existed nearby and this was the predecessor of St Thomas Hospital opposite the Houses of Parliament. The church courtyard was a bustling place at night, ] activities like bear baiting, drinking, ladies employed in the brothels and a delicious mix of the good life could be found after dark.



With the Dissolution of the Monasteries in 1539 the church was rented out to the congregation by Henry VIII. The retro-choir- the oldest part of the cathedral an area just behind the High Altar screen, nonreligious, unorthodox pursuits went on. Live pigs, chickens, filthy, smelly conditions and a bakery business and goodness know what else was operating. That was apparently an acceptable and functional use of a church space. Worship one end and no questions asked once you passed through the portal. But Vestry

wardens got wind of this and soon put a stop to it.

In 1905 it was raised to Cathedral status. We were shown many beautiful features. Most notable was the High Altar installed by Bishop Fox of Winchester. This magnificent masterpiece is decorated with figures of people linked to the history of Southwark. Other fascinating memorial expressions was the John Gower tomb. He was a court poet for Richard II and Henry IV and close friend of Geoffrey Chaucer. Shakespeare lived in the South Bank area and worshipped at the cathedral. His brother's memorial was also there. The Shakespeare memorial on a wall, displays a memory to the dramatist, thespian, playwright and owner of the Globe Theater which stood close to the Cathedral site.

Above a tomb close by is erected a colourful stained glass window depicting scenes from his tragedies and comedies pay homage. The window is a modern replica of the one destroyed during the 2<sup>nd</sup> World War. Below we saw a reclined alabaster effigy of the Bard carved in 1912 with a frieze of what Southwark looked like in the day. In addition there is a plaque commemorating the renovation of the Globe Theater by actor Sam Wanamaker in



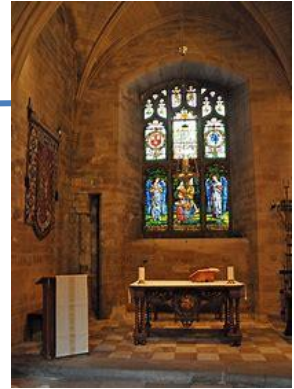
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2014. We were able to stop and look through a glass partition into The Harvard Chapel that commemorates the chief benefactor of the Ivy League Harvard University and who was baptized in 1607. Harvard was born and raised in Southwark before marrying and moving to the US.

Instead of recognizing only local people and businesses we were told about Mahomet Weyonomon, a Mohegan chieftain who came to England in 1735 to petition the then King George 11, to return ancestral lands taken by British settlers in Connecticut. Sadly, he died of Small Pox before his case was heard. He is not buried in the church because he was a foreigner but was interred in an unmarked grave in the churchyard which we visited at the end of the tour.

The bishop's chair, then is a symbol of the Croydon bishop's teaching office and pastoral power in his diocese. It is also a sign of the unity of believers in the faith that the bishop proclaims as shepherd of the Lord's flock.



As the tour gently moved to its finale we were guided to the Marchioness memorial which was most poignant for me as a relative sadly passed on that Thames pleasure boat in 1989, with a loss of 51 young lives. The memorial stone is shaped like a ship wheel. New things are being added to the cathedral, making it a delightful fusion of the old and new. The church has welcomed historical characters as well as

members of royalty, local factory benefactors and Croydon u3a members. It is an active parish and a working cathedral, visited by many people from far and wide. The church contained many beautiful things and the tour guides bring the historical accuracy, life and spirit of the Cathedral, alive and immediate.....

**Jacqueline Harriott Aug 2023**

"brought history alive"

"It was an interesting tour"

"A Great Outing"

## Croydon u3a Travel Team – September 2023 Bulletin

Greetings from the Travel Team.

Some of our members will be packing their cases for their short break to Great Yarmouth and the Norfolk Broads later this month. Let's hope the sun shines and they have a super time. Nearer home in October there will be a Members Lunch at the Boulevard restaurant in Croydon. We already have had a good number of bookings but if you want to join us you will find a booking form in this Bulletin. And to complete this years programme we have a seasonal trip at the end of November to the Winchester Christmas Market. Again, a booking form is in this Bulletin and there are just a few seats left on our coach.

The Travel Team is already underway sorting the 2024 programme, and after this years issues with coaches etc the Team is looking forward to producing a wide range of outings and short breaks. We will start in March with another of the popular Members Lunches, quickly followed in April by a short break to Holland to see the lovely bulb fields near Amsterdam. Also that month will be a coach outing to the famous Beth Chatto garden in Essex. Full details of the whole 2024 programme will be available in the January 2024 Bulletin.

You can find out more details of the above trips by visiting the Travel Team table at the General Meetings.

.Enjoy the autumn days ahead.

**Averil, Cariss, David, Linda, and Paul, Croydon u3a Travel Team**

### **The Waverley Paddle Steamer – Update**

I regret to announce our proposed trip on the Waverley in October will not take place. There are no short trips scheduled and the timings of the longer ones are not viable, as the entire journey lasts around 12 hours and does not return to Tower Pier until 9.30pm. In addition with many more passengers than seats, a considerable amount of standing would be involved.

Cariss Smith  
Croydon u3a Travel Team

# Croydon u3a Members' Lunch at The Boulevard

Ruskin Parade, 7-8 Selsdon Road, South Croydon CR2 6PW

Wednesday 18 October 2023

12.30 for 1.00 pm

2 courses £20.80 and 3 courses £27.90 (complementary tea & coffee included for 3 course lunch only)

(Please indicate on the booking form below your menu choice)

Starters

- a) Soup of the Day
- b) Smoked Salmon (beetroot & horseradish)
- c) Crispy Crab Claws (tartare sauce)
- d) Terrine of Duck (Melba toast, sweet & chilli sauce)

Main

- e) Chicken Milanese
- f) Pork Medallions
- g) Penne Pasta
- h) Rainbow Trout

Desserts

- i) Crème Brûlée
- j) Home made Tiramisu
- k) Vanilla Cheesecake
- l) Selection of Ice Cream / Selection of de Fromages with Mango Chutney

**Croydon u3a Members' Lunch**  
**The Boulevard on Wednesday 18 October 2023 at 12.30 for 1 pm**

**(Please make your selection here)**

Menu choice: Starters:

Main:

Desserts:

Send this form to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042 **OR** Cariss Smith, 62 Penwortham Road, South Croydon CR2 0QS; Mob: 07904 163454, with a **cheque payable to Croydon u3a and stamped addressed envelope.**

Name(s) .....Membership No(s) .....

Address: .....Post Code.....

Tel. No. ....E-mail .....

I would like ..... ticket(s) Total..... (cheque payable to **Croydon u3a** and s.a.e. enclosed)

**PLEASE BRING YOUR TICKET TO ENTER INTO THE RAFFLE**

## General Information and Booking terms and conditions

**Payments and Refunds:** For confirmed bookings all cheques must be cleared one week before the trip. A refund will only be payable for cancelled bookings if we are able to resell the place. Anyone taking the place of a cancelled booking must pay by bank transfer before the event or cash on the day.

**Mobility Requirements:** A member of the Travel Team will investigate any problems of access at the venue before bookings are opened. Members who are worried about mobility issues should contact the organiser before making the booking. Members with restricted mobility may be accompanied by a carer to any meal but a place needs to be booked. The carer does not have to be a u3a member but will be required to pay the full cost.

**Your responsibilities:** All attendees must carry out their own risk assessment.

# u3a Outing to Winchester Christmas Market

**Thursday 30 November 2023**

**Coach leaves at 9 am from Fairfield Halls, Park Lane, Croydon  
returning approximately 3.30 pm**

**Price £20 (Price includes coach travel, driver's tip)**

Winchester Christmas Market has become one of the most popular Christmas markets in the UK. The location of the market is situated in the **Inner Close** of Winchester Cathedral so bear in mind that when you arrive at Cathedral Close, the Christmas market isn't immediately visible. Just follow the crowds through **Curle's Passage** to the right of the cathedral, where you will find the Inner Close and the majority of the wooden chalets. There are lots of refreshments stalls along the way and with the amazing mulled wine!

Winchester itself is a very picturesque city in Hampshire, known for its Gothic cathedral, and Winchester is also home to The Great Hall. This medieval building was once part of Winchester Castle and showcases the Round Table. It was thought to be the legendary Round Table of King Arthur although testing has revealed that it dates from the 13<sup>th</sup> century. There is a fee to enter the Cathedral



□ .....  
**BOOKING FORM – Winchester Christmas Market 30 November 2023**

Leave 9 am from Fairfield Halls, returning approximately 3.30 pm. **Price: £20.**

Name(s) ..... Membership No(s) .....

Address .....

Post code: ..... Tel. No. .... E-mail .....

I would like ..... ticket(s). Total £..... (cheque payable to “**Croydon u3a**”)

Send this form to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042 **OR**  
Cariss Smith, 62 Penwortham Road, South Croydon CR2 0QS; Mob: 07904 163454, with a **cheque and stamped addressed envelope.**

My contact in case of emergency is: Name.....Tel. No. ....

# u3a Outing to Beth Chatto Gardens

**Wednesday 17 April 2024**

**Coach leaves at 8.30am from Fairfield Halls, Park Lane, Croydon, departing between 4-4.30pm**

**Cost of coach £20 (including driver's tip): plus entry to the gardens £12.50 (241 Gardeners' World cards are taken). All tickets to the gardens have to be pre-booked nearer the time therefore no changes can be made once bought.**

Beth Chatto was born in 1923 to enthusiastic gardening parents. After working as a teacher she married the late Andrew Chatto in 1943. His lifelong interest in the origins of plants influenced the development of the Gardens and our use of plants to this day.

Following Andrew's retirement, in 1960 the Chatto family built their new home on a wasteland that had been part of the Chatto fruit farm. The site presented many difficulties for starting a garden including low annual rainfall. It was to Andrew's plant research that they turned.



Informed by his knowledge Beth selected plants for a series of Gardens that could thrive under the different conditions. Through gifts of seeds and cuttings a large collection of unusual plants and a good knowledge of propagation was acquired. Beth transformed an overgrown wasteland which was deemed unfit for fruit farming, into a series of informal gardens. As the conditions within the garden vary widely, five distinct areas have been created providing useful examples of working with nature to find the right plant for the right place. Beth Chatto was able to get out into her beloved gardens fairly regularly on her electric scooter, chatting with staff and visitors, sharing her deep love and profound knowledge of planting, right up until she passed away on May 13th 2018.

More information about Beth Chatto can be found on her website [www.bethchatto.co.uk](http://www.bethchatto.co.uk)

Return the booking form below to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042 **OR** Cariss Smith, 62 Penwortham Road, South Croydon CR2 0QS; Mob: 07904 163454, with a **cheque (payable to Croydon u3a) together with stamped addressed envelope**. Last date for applying is 31 March 2024

**BOOKING FORM – Beth Chatto Gardens 17 April 2024**

**Leave 8:30 am from Fairfield Halls, departing approximately 4-4.30pm, arriving back between 6.30-7pm.**

Name(s)..... Membership No(s) .....  
Address .....  
Postcode: .....Mob No. ....E-mail .....

I would like ..... ticket(s). Total £..... (cheque payable to "Croydon u3a"). I have attached a stamped self-addressed envelope

My contact in case of emergency is: Name.....Tel. No. ....

**The Dutch Bulbfields & the Delights of Amsterdam**

**28<sup>th</sup> April – 1<sup>st</sup> May 2024**

**Cost of this trip is £649 (twin/double room), (£149 single supplement) and includes coach travel through Eurotunnel, half board (dinner and breakfast), and entrance to Keukenhof Park**

Directly on the **Rosmalense lake** you will find the atmospheric **Fletcher Hotel-Restaurant 'sHertogenbosch**. In the hotel you will find a culinary à la carte restaurant and a spacious terrace with a view over the lake. Looking for some sightseeing and adventure? The big city of Den Bosch is a great place to explore. Here you can shop, go sightseeing or taste the famous Bossche Bol on one of the many terraces.



**Day 1:** Local departure by coach from Fairfield Halls to Holland via Euro Tunnel for a 3 night stay at the Fletcher Hotel s’Hertogenbosch on a half board basis.



**Day 2:** Today a full day included visit to Keukenhof Park. Keukenhof is a natural paradise filled with spectacular flower displays, inspirational gardens, blossoming fruit trees, and unique art installations. As you stroll through the fantastic vibrant carpet of tulips, hyacinths, daffodils, orchids, roses, carnations, irises, lilies and many other flowers you will have no doubt as to why Keukenhof is widely known as 'The Greatest Flower Show on Earth'. As entrance to the park is included, you can spend the day admiring the



exuberant colours of spring, perhaps picking up some tips for your own garden.

**Day 3:** Today we travel into Amsterdam, where you could join our **optional Amsterdam canal cruise (£17.00)**, as we sail past many of the famous sights of the capital which are inaccessible by coach. This afternoon, why not join our **optional visit to a clog and cheese farm (£10.50)**, where you can experience the clog and cheese-making traditions, and sample the famous Gouda cheese

**Day 4:** Today, after breakfast we travel home, back to the Fairfield Halls.

**BOOKING FORM – The Dutch Bulbfields & the Delights of Amsterdam**

Return this form (indicating your room preference) to: Linda Grigsby, 37 Albatross Gardens, South Croydon CR2 8QW; Mob: 07754092042, with a cheque for **£75** non-refundable deposit (payable to Croydon u3a together with sae).

**Room preference: Single/Twin or Double**

Name(s) .....Membership No(s) .....

Address: .....

Mob. No. ....E-mail .....

Please provide name & contact number of person **NOT** on this trip, in case of emergency

.....

## CROYDON u3a TRAVEL TEAM EVENTS

### General Information and Booking terms and conditions

*Please carefully read these Booking Terms and Conditions, as submission of a booking will be taken as your acceptance of them. We also request that you carry your u3a membership card showing both your emergency number on the back and any significant medical conditions.*

Coach outings leave from the corner of Park Lane and College Road (by Croydon College) unless we tell you otherwise, or unless the coach is unable to stop there, when it will stop nearby. On the day of an outing, if you have any problems joining the trip, please ring the organisers of the trip (mobile nos. at top of booking form or on the ticket).

Outings are for Croydon U3A members only. In the event of low take-up, we may take members from other U3As, and non-U3A members, on an occasional basis.

**Applications:** Applications for each outing are dealt with individually. When booking for multiple trips a separate booking slip and stamped addressed envelope is required for **each one**. Bookings may be jeopardised if this is not done. If you request more than one place, we must have the name and U3A number of each person. Cheques may be dated for any time between applying and one month before the date of the event. Please send your application to the address given on the booking form. Applications for outings are held for two weeks after publication of the booking forms in order to assess demand. If demand exceeds supply, tickets will be allocated on a random basis.

**Reduced admission:** We can only offer the reductions which are advertised by the venue itself at the time we book it. We cannot deal with any special offers or discounts you may personally have.

**Refunds:** A refund will only be payable for cancelled bookings if we are able to resell the place.

**Mobility Requirements:** Some, but not all, of our outings are suitable for members with manageable mobility restrictions. You must contact us before booking if you wish to bring a mobility aid so that we can discuss your needs. We will mention in our publicity and outing details any significant access or safety considerations of which we are aware. **YOU MUST BE ABLE TO GET ON AND OFF THE COACH UNAIDED.** Members with restricted mobility may be accompanied by a carer on any outing, but a place needs to be booked. The carer does not have to be a U3A member but will be required to pay the full cost. *Members are asked to think carefully about the physical demands of the outing and their own situation before submitting an application. We need to ensure that all participants are safe and that everyone enjoys the day. Ultimately the Travel Team reserve the right to decline applications in exceptional situations, regrettable as this may be.*

**Your responsibilities:** You are asked to pay particular attention to the scheduled departure times and when you are requested to return to the coach. If you are late, we may have to leave without you to enable us to keep to the time-table. In such an instance, you would have to arrange your own return home, and you would not be entitled to any refund for the cost of the unused portion of the day. If this should happen, we would endeavour to contact you and/or your emergency contact number. We ask members for their mobile phone numbers and for them to ensure they are switched on during the outing. Participants are responsible for themselves and their belongings.

**Data protection:** The details you give us on the booking form will be held by the organisers until the outing has taken place and will be used only for the purpose of the outing. When it has taken place, they will be destroyed. We keep a record of your mobile numbers to save you giving us those details on every outing. Participants are responsible for themselves and their belongings.

**General:** We try to schedule comfort stops at a convenient time and place, but it is not always easy to do this for a large coach. Apart from initial departure time, most other times are approximate. We cannot predict traffic or weather, both of which may affect our arrival and final departure times.



## CROYDON u3a INTEREST GROUPS

**GROUP COSTS:** Costs are kept as low as possible. These will depend upon the group's venue and activity and also any materials and equipment needed to undertake the group's activity. Details are available from the Group Contact. We are all volunteers and give our time for the u3a and each other voluntarily.

**Don't see a group you are interested in?** Now might be the time to consider finding others with the same interest and starting up a new group together. The committee can give you loads of help and support, from finding other interested members, identifying a venue, providing a start-up grant and help with the minimal admin. Don't hang around waiting - take on the challenge. Remember the u3a way - run for the members by the members!

Contact: Margaret Chan 020 8655 4343 - clockie68@gmail.com. **PLEASE LET MAGGIE KNOW IF THESE DETAILS NEED EDITING (July 24 2023)**

| GROUP TITLE              | DAY OF MONTH   | START TIME     | VENUE   | GROUP LEADER<br>(Contact details) |
|--------------------------|--|----------------|---|-----------------------------------|
| <b>ACTION GROUPS</b>     |  |                |   |                                   |
| Chair Yoga               | 2 <sup>nd</sup> & 4 <sup>th</sup> Mondays and<br>1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Fridays | 10.00 am       | Zoom  |                                   |
|                          | 1 <sup>st</sup> & 3 <sup>rd</sup> Mondays  | 10.15 am       | Shirley Methodist Church                        |                                   |
| Dance Exercise           | Mondays<br><b>SUSPENDED</b>  | 9.45 am        | St Matthew's Church                             |                                   |
| International Folk Dance | 1 <sup>st</sup> & 3 <sup>rd</sup> Wed  | 10.00am        | Shirley Methodist Church                        |                                   |
| Line Dancing             | 1 <sup>st</sup> & 3 <sup>rd</sup> Friday   | 10.30am        | Shirley Methodist Church                        |                                   |
| Table Tennis             | Every Friday   | 2.00pm & 3pm   | St Matthew's Church                             |                                   |
| Belly Dancing            | 1 <sup>st</sup> Thursday   | 11:45 - 1:15pm | Shirley Methodist Church                        |                                   |
| Darts and Pub Lunch      | 2 <sup>nd</sup> Tuesday<br>4 <sup>th</sup> Wednesday   | 12.00 midday   | The Orchard Pub, Cherry Orchard<br>Road CR0 6BA |                                   |

| <b>GROUP TITLE</b>               | <b>DAY OF MONTH</b>                              | <b>START TIME</b>  | <b>VENUE</b>                 | <b>GROUP LEADER<br/>(Contact details)</b> |
|----------------------------------|--|--------------------|------------------------------|---|
| Tai Chi                          | 1 <sup>st</sup> & 3 <sup>rd</sup> Mondays        | 1.00 – 2.00 pm     | Shirley Methodist Church     |   |
| <b>ACTIVE OUTDOOR GROUPS</b>     |  |                    |                              |   |
| London Explorers April-November  | 1 <sup>st</sup> Thursday<br><b>FULL</b>          | 10.00 am           | Meet at East Croydon Station |   |
| Short Walks                      | 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday       | 10.30 am           | Varies                       |   |
| Friday Walks                     | 1 <sup>st</sup> and 3 <sup>rd</sup> Fridays      | 10.30 am           | Varies                       |   |
| Cycling                          | 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesday    | varies             | Varies                       |   |
| Historic Visits                  | 4 <sup>th</sup> Thursday                         | Varies             | Outings                      |   |
| <b>GARDENING GROUPS</b>          |  |                    |                              |   |
| Garden Visits – Spring to Autumn | 3 <sup>rd</sup> Wednesday                        | 10.45 for 11.00 am | Various                      |   |
| Garden Design                    | Fortnightly Wednesday<br>(10 sessions)           | 10.00 am – 12.00   | Home – South Croydon         |   |
| Wild Flowers                     | 2 <sup>nd</sup> Tuesday - spring to<br>September | 10.00 am           | Various                      |   |

| <b>GROUP TITLE</b>           | <b>DAY OF MONTH</b>                       | <b>START TIME</b> | <b>VENUE</b>                | <b>GROUP LEADER<br/>(Contact details)</b> |
|------------------------------|---|-------------------|-----------------------------|---|
| Love Gardening               | 1 <sup>st</sup> Monday                    | 10.30 am          | Various                     |   |
| <b>CULTURAL ACTIVITIES</b>   |   |                   |                             |   |
| Architecture                 | 3 <sup>rd</sup> Thursday                  | 10.00 am          | Various                     |   |
| A Taste of World Cuisines    | 1 <sup>st</sup> Tuesday                   | Lunch Time        | Various                     |   |
| Wine Admiration              | 1 <sup>st</sup> or 2 <sup>nd</sup> Friday | 2.00 pm           | Home – Various              |   |
| Art Appreciation             | 4 <sup>th</sup> Friday                    | 2.00 pm           | Shirley Methodist Church    |   |
| China                        | 3 <sup>rd</sup> Tuesday                   | 10.00 am          | Home - Croydon              |   |
| Croydon Memories Lunch Group | 4 <sup>th</sup> Friday                    | 12:00 noon        | The Boulevard, Selsdon Road |   |
| Wales and its Treasures      | 2 <sup>nd</sup> Monday                    | 2.00 pm           | Shirley Methodist Church    |   |
| Into Film                    | Varies<br><b>FULL</b>                     | varies            | various                     |   |
| Theatre Visits               | Varies                                    | Varies            | Varies                      |   |
| <b>ARTS AND CRAFTS</b>       |   |                   |                             |   |

| <b>GROUP TITLE</b>          | <b>DAY OF MONTH</b>   | <b>START TIME</b>  | <b>VENUE</b>  | <b>GROUP LEADER<br/>(Contact details)</b> |
|-----------------------------|---|--------------------|---|---|
| Handicrafts                 | 1 <sup>st</sup> & 3 <sup>rd</sup><br>Tuesday                        | 2:00 – 4:00 pm     | Home – Selhurst   |   |
| Knit and Natter             | 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday                           | 11.00 am – 1.00 pm | Home - Waddon   |   |
| Painting and Drawing 1      | Every Monday<br><b>FULL</b>   | 10.15 am – 12.15   | Shirley Methodist Church                                      |   |
| Painting and Drawing 2      | Every Monday  | 10.15 am – 12.15   | Shirley Methodist Church                                      |   |
| Exploring Crafts            | 4 <sup>th</sup> Friday  | 1.30 – 3.30 pm     | St John the Baptist Church Hall,<br>Dale Road, Purley CR8 2EF |   |
| <b>MUSIC</b>                |   |                    |   |   |
| Blues and Jazz Appreciation | Various   | Varies             | various   |   |
| Singing for Pleasure        | 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday                         | 10.30 am           | St Matthew's Church   |   |
| Mandolin                    | By arrangement  | By arrangement     | Mildred Court, Bingham Road                                   |   |
| <b>GAMES OF SKILL</b>       |   |                    |   |   |
| Rubber Bridge               | Every Tuesday   | 2.00 pm            | Mildred Court, Bingham Road                                   |   |
| Scrabble - Croydon          | 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday<br><b>TEMP SUSPENDED</b> | 11.30 am           | Ruskin House, Coombe Road                                     |   |
| Scrabble – Home             | 3 <sup>rd</sup> Thursday  | 10.30 am – 12,20pm | Home – Selhurst   |   |

| <b>GROUP TITLE</b>                        | <b>DAY OF MONTH</b>                                    | <b>START TIME</b>                | <b>VENUE</b>                               | <b>GROUP LEADER<br/>(Contact details)</b> |
|---|--|----------------------------------|--|---|
| Quiz Night                                | 3 <sup>rd</sup> Monday                                 | 7.30 pm                          | Zoom                                       |   |
| Board Games Fun                           | 2 <sup>nd</sup> Friday                                 | 2.00 – 5.00pm                    | Ludoquist Café, 63 – 67 High St<br>Croydon |   |
| <b>LITERATURE</b>                         |  |                                  |  |   |
| English Novel                             | 3 <sup>rd</sup> Wednesday                              | 2.00 pm                          | Home – Zoom                                |   |
| Share a Good Read                         | 2 <sup>nd</sup> Monday                                 | 2.30 pm                          | St John's Selsdon                          |   |
| Play Reading – Croydon                    | 1 <sup>st</sup> and 3 <sup>rd</sup> Mondays            | 1.30 pm                          | Home - various                             |   |
| Play Reading - Selsdon                    | 1 <sup>st</sup> Monday                                 | 2.00 pm                          | Home – various                             |   |
| Poetry for Pleasure                       | 4 <sup>th</sup> Tuesday                                | 2.00 pm                          | Home – S Croydon                           |   |
| Books Made into Films                     | 3 <sup>rd</sup> Thursday                               | 11.00 am                         | Clocktower Cafe                            |   |
| Writing For Pleasure Group                | 1 <sup>st</sup> Wednesday<br>3 <sup>rd</sup> Wednesday | 1.45 – 3.45 pm<br>1.45 – 3.00 pm | Shirley Methodist Church<br>Zoom           |   |
| <b>LANGUAGES</b>                          |  |                                  |  |   |
| French Conversation Lower<br>Intermediate | Every Monday   | 10.00 am                         | Purley United Reform Church                |   |
| Italian – Conversation.                   | 1 <sup>st</sup> Friday                                 | 10:00 am                         | Home – Purley                              |   |
| Russian - Intermediate                    | 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday            | 10.00 am                         | Home – Croydon                             |   |

| <b>GROUP TITLE</b>                      | <b>DAY OF MONTH</b>                               | <b>START TIME</b> | <b>VENUE</b>                            | <b>GROUP LEADER<br/>(Contact details)</b> |
|---|---|-------------------|---|---|
| Spanish Conversation Lower Intermediate | Every Monday                                      | 11.00 am          | Purley United Reform Church             |   |
| French Conversation Advanced            | 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday         | 2.30 pm           | Home – Zoom                             |   |
| German Friends                          | Mondays   | 10.15 – 11.45 am  | Zoom                                    |   |
| <b>MATHS, SCIENCE &amp; IT</b>          |   |                   |   |   |
| Mathematics Group                       | 1 <sup>st</sup> Monday                            | 2.00 pm           | Home – Coulsdon                         |   |
| Science & Technology                    | 2 <sup>nd</sup> Tuesday                           | 8.00 pm           | Zoom                                    |   |
| <b>SOCIAL STUDIES/ HISTORY</b>          |   |                   |   |   |
| Current Affairs                         | 2 <sup>nd</sup> Thursday<br>TEMP SUSPENDED        | 2.00 pm           | TBC                                     |   |
| Environment & Climate Crisis            | 3 <sup>rd</sup> Thursday                          | 7.30 pm           | Zoom                                    |   |
| Early Medieval History                  | 1 <sup>st</sup> Tuesday                           | 2.30 pm           | Zoom                                    |   |
| Family History                          | 4 <sup>th</sup> Wednesday                         | 2.00 pm           | Thornton Heath Library                  |   |
| History – Local                         | 2 <sup>nd</sup> Friday                            | 2.00 pm           | Home – Wallington and visits            |   |
| History of London (1)                   | 1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday<br>FULL | 10.00 am          | Purley United Reformed Church & Outings |   |

| <b>GROUP TITLE</b>  | <b>DAY OF MONTH</b>                         | <b>START TIME</b>     | <b>VENUE</b>                             | <b>GROUP LEADER<br/>(Contact details)</b> |
|---|---|-----------------------|--|---|
| History of London (2)   | 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday,  | 10.00 am /2.00 pm     | St. Matthew's Church & Outings           |   |
| History of London (3)   | 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday | 2.00 pm/10.00 am      | St Matthew's Church & Outings            |   |
| History of London (4)   | 3 <sup>rd</sup> Weds &4 <sup>th</sup> Weds  | 1.30 – 3.30 pm/varies | Purley UR church & Outings               |   |
| Looking at London   | 1 <sup>st</sup> Monday                      | 2.00 pm               | St. Matthew's Church & Outings           |   |
| 17 <sup>th</sup> -19 <sup>th</sup> Century History                              | 1 <sup>st</sup> Wednesday                   | 2.30 pm               | Zoom                                     |   |
| Members on Their Own (MOTO)   | Various                                     | Varies                | Various                                  |   |
| LGBT (Lesbian, Gay, Bi and Trans)<br>London-wide Social and<br>Networking Group | Various                                     | Varies                | Details available from Wandsworth<br>u3a |   |